Thinking clearly about a decision

Reflection and understanding | 1 of 2

Make the question clearer before trying to force an answer.

Name or initials (optional): _____ Date: _____

1. What decision am I actually facing? What is outside this decision?

2. What facts do I know, and what am I assuming or predicting?

3. Which values and needs are in tension? What trade-offs can I accept?

Thinking clearly about a decision

Choices and next steps | 2 of 2

Choose what is useful. You may leave questions blank, use extra paper or return another day.

4. What options have I overlooked, including a smaller or reversible step?

5. What information would materially change my choice? How can I obtain it?

6. What is my next decision or experiment, and when will I review it?

My next step / support I can ask for / date to review: