Protecting my creative practice

Reflection and understanding | 1 of 2

Explore the conditions that allow you to make work and sustain your practice.

Name or initials (optional): _____ Date: _____

1. What do I want my work to express or investigate?

2. When do I work most freely? What space, materials, time or company helps?

3. How do money, visibility, comparison or outside expectations shape my choices?

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Choices and next steps | 2 of 2

Choose what is useful. You may leave questions blank, use extra paper or return another day.

4. Where do I need clearer boundaries around fees, revisions, deadlines or unpaid work?

5. What support, information or professional connection would help next?

6. What manageable piece of work or practical task will I prioritise?

My next step / support I can ask for / date to review: