RAVEN THERAPY

Fees & packages

Explore. Understand. Change.

Updated 1 November 2026

LET'S BEGIN WITH A CONVERSATION

Free 30-minute introductory telephone consultation

Counselling appointments

Appointment	Supported	Standard	Supporting
Individual 50 minutes	£25	**£60**	£100
Couples 50 minutes	£40	**£90**	£160
Throuples 100 minutes (2 x 50 minutes)	£80	**£180**	£210

Joint fees cover everyone attending. All appointments are payable in advance. Supported-rate eligibility is discussed when booking.

Initial & ongoing packages

ONLINE | STANDARD RATE

The tenth counted session is free. The opening procedure and full calculations are on page 2.

Relationship	Initial package	Ongoing package
Couples	**£810** Includes opening appointments	**£810** 9 x £90; 10th appointment free
Throuples	**£990** Includes opening appointments	**£1,620** 9 x £180; 10th appointment free

Individual online package

10 x 50-minute appointments; pay for nine

£540

Package terms: online only, paid in advance, with a separate written agreement. Initial relationship packages include the opening work on page 2. Ongoing packages apply after that opening procedure.

Cancellations: at least 24 hours' notice is free, including exactly 24 hours. With less notice or non-attendance, the booked fee is normally due, less saved costs or replacement-booking income.

Darragh Carmichael | Registered Member MBACP

raventherapy.org.uk

07857 939626 | darraghcarmichael@gmail.com

RAVEN THERAPY

How we begin

Initial and ongoing relationship packages

Numbers show how many partners attend. **Individual, couples and paired appointments are 50 minutes.** Whole-throuple appointments are **100 minutes**.

Couples

1 - 1 - 2 onwards

Each partner has one **50-minute individual appointment**; joint sessions are also **50 minutes**. The two openings count together as one package session, costing **£90 total**.

Package no.	Appointments included	Charge
1 (1 + 1)	Two separate individual opening appointments One 50-minute appointment for each partner	**£90 total**
2-9	Eight joint couples appointments 50 minutes each	**8 x £90 = £720**
10	One joint couples appointment 50 minutes; the full appointment is free	**FREE (£90)**
Initial package total		**£810**

£90 + £720 = £810. Includes **11 actual appointments**: two individual openings and nine joint appointments, counted as ten package sessions.

Throuples

1 - 1 - 1 - 2 - 2 - 2 - 3 onwards

One individual appointment per partner, then one appointment for each pair: **AB, BC and AC**.
Whole-throuple appointments follow. Each individual and each paired appointment counts separately.

Package no.	Appointments included	Charge
1-3	Three individual appointments 50 minutes each	**3 x £60 = £180**
4-6	Three paired appointments: AB, BC and AC 50 minutes each; each charged at the couples rate	**3 x £90 = £270**
7-9	Three whole-throuple appointments 100 minutes each	**3 x £180 = £540**
10	One whole-throuple appointment 100 minutes; the full appointment is free	**FREE (£180)**
Initial package total		**£990**

£180 + £270 + £540 = £990. Opening work costs £450. Ten appointments: three individual, three paired and four whole-throuple, with the final whole-throuple appointment free.

Existing clients: fee changes require four weeks' notice and written agreement.

Darragh Carmichael | Registered Member MBACP

raventherapy.org.uk

07857 939626 | darraghcarmichael@gmail.com